

Dietary Stages Following Gastric Bypass Surgery

(Overview)

Diet Stage: Clear Liquids
(2 Days)



Diet Stage: Protein-based Liquids
(Days 3 to 7)



Diet Stage: Full Liquids
(Week 2)



Diet Stage: Pureed
(Week 3)



Diet Stage: Soft
(Week 4)



Diet Stage: Regular
(Week 5 and beyond)