Dietary Stages Following Sleeve Gastrectomy

(Overview)

Diet Stage: Clear Liquids

(2 Days)



Diet Stage: Protein-based Liquids

(Days 3 to 7)



Diet Stage: Full Liquids

(Week 2)



Diet Stage: Pureed

(Week 3)



Diet Stage: Soft

(Week 4)



Diet Stage: Regular (Week 5 and beyond)