Dietary Stages Following Laparoscopic Adjustable Gastric Banding

(Overview)

Diet Stage: Sugar-Free Clear Liquids

(First 2 days)



Diet Stage: Protein-based and Full Liquids

(Days 3 to 7)



Diet Stage: Puree

(Week 2)



Diet Stage: Soft

(Week 3)



Diet stage 5: Regular

(Week 4 and beyond)